

PRISTON EMERGENCY PROVISION CHECK LIST

Consider how your family could be affected either by a very severe weather event, a series of sudden, malicious attacks on UK infrastructure or another public health emergency. Priston Parish Council is working to encourage residents to become better prepared for such events and able to cope in emergencies. Here is a list of essentials for you to have ready if Priston had no power or internet for (say) 7 days, AND / OR the roads were unsafe or impassible for some days...



1 PRIORITY 1

SURVIVAL (3-7 DAYS)



WATER

- ☐ 3-4L per person per day (3-7 days)
- ☐ Extra for babies/pets
- ☐ Purification tablets/filter



FOOD

- ☐ Tinned meals & soups
- ☐ Oats / crackers / long-life bread
- ☐ UHT milk
- ☐ High-energy snacks
- ☐ Baby food / pet food
- ☐ Manual can opener



MEDICAL

- ☐ Prescription meds (7-14 days)
- ☐ Inhalers / EpiPens / insulin
- ☐ First aid kit
- ☐ Pain relief (adult/child)
- ☐ Thermometer
- ☐ Rehydration salts

2 PRIORITY 2

POWER, HEAT & LIGHT



LIGHT & POWER

- ☐ Torches / head torches
- ☐ Candles / Lantern
- ☐ Spare batteries
- ☐ Power banks + cables
- ☐ Car charger / solar charger



WARMTH

- ☐ Blankets / sleeping bags
- ☐ Hot water bottles
- ☐ Thermal layers, hats, gloves
- ☐ Good fuel reserves: oil, gas, logs (2-3 weeks minimum.)

3 PRIORITY 3

COOKING & SANITATION



COOKING

- ☐ Camping stove (outdoor use only)
- ☐ Fuel
- ☐ Matches / lighters
- ☐ Simple pot / kettle



SANITATION

- ☐ Toilet paper
- ☐ Wet wipes
- ☐ Hand sanitiser
- ☐ Bucket + bin bags
- ☐ Disinfectant

4 PRIORITY 4

INFORMATION & COMMUNICATIONS

- ☐ Battery / wind-up radio
- ☐ Written emergency contacts
- ☐ Neighbour contact list
- ☐ Whistle



5 PRIORITY 5

TOOLS & ACCESS

- ☐ Multi-tool / spanner
- ☐ Duct tape / cable ties
- ☐ Rope / string
- ☐ Work gloves
- ☐ Grit / salt / shovel
- ☐ Wellington boots
- ☐ Emergency winter car kit.

6 PRIORITY 6

GRAB BAG

(for evacuation in a hurry)

- ☐ Prescription Medications
- ☐ Phone charger
- ☐ Torch
- ☐ Essential documents or information you will need to access (memory stick?):
 - ID
 - Insurance policy details
 - NHS numbers
 - Bank details & passwords
- ☐ Some cash (£5-£20 notes)

7 PRIORITY 7

MAINTENANCE

- ☐ Check emergency supplies every 6 months.
- ☐ Replace expired items
- ☐ Recharge / replace batteries



FINALLY... Hope for the best, plan for the worst!