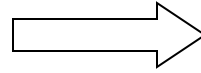
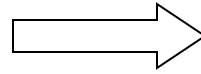


CHECK FOR DANGER



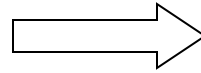
Check for danger to the patient or yourself eg. electricity, fire etc
Make the site safe or move the patient out of danger if necessary.

CHECK RESPONSIVENESS



Gently shake the shoulders and ask loudly "Are you alright".

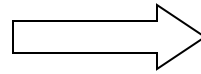
SHOUT FOR HELP



Shout for Help.
If possible get one helper to dial 999 and obtain the AED code and another to fetch the AED.
Do NOT leave the patient yet.

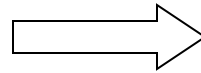
DO NOT LEAVE THE PATIENT YET

OPEN AIRWAY



Tilt the head back by placing your hands under the chin and on the forehead

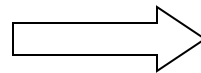
CHECK BREATHING




Look for movement of the chest.
Feel for the breath on your cheek.
If no breathing after 10 seconds go to next step.

IF YOU ARE ON YOUR OWN DIAL 999, GET THE AED CODE, AND FETCH THE AED

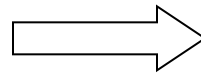
BEGIN CPR



If a child give 5 rescue breaths
30 Chest Compressions
2 Effective Breaths  REPEAT

AS SOON AS THE AED IS AVAILABLE

ATTACH DEFIBRILLATOR



Press the button at the front of the AED to open the lid and switch the machine on. Bare the patient's chest and follow the spoken instructions.
The AED will **ONLY** apply a shock if one is needed.